

Fair Premiums

Our request for an increase in the poultry premiums has been turned in to the Livestock Dept. at the Fair.

Lee was assured that the request would be taken to a budget meeting and be given every consideration.

Florida State Fair

A few days after the South Florida Fair poultry show was over, the Florida State Fair poultry show began on February 5. The big winners were Greg and Margherita Snyder with a Light Brahma Pullet. Their birds also won the Asiatic Champion class and the Asiatic Reserve Champion class - also Light Brahmas. In addition, the Synder's birds won Best Large Fowl Display.

The Synder's are local Palm beach County residents and former members of the Palm Beach County Poultry Fanciers Association.

Meeting Schedule

Normally the club meets on the 4th Friday of each month. However this year, because we have moved our picnic to April, we have made a few changes. It turns out that on the 4th Friday in June, the month that we used to have our picnic, Gene Joyner will be using our pavilion. Therefore, in the month of June we will be having our meeting on the 3rd Friday instead of the 4th Friday.

The Short Beak Surprise

by Lee Salmon

Last month I accidentally discovered something interesting. I bought a pair of Satinette Pigeons at the fair. I was told that their beaks were too small to feed their babies and you either had to hand feed them or adopt them out to a Dove Mom and Dad. Ultimately, my little pair proceeded to lay, and hatch two tiny babies. I didn't discover them right away. When I did find them, they had good feather growth and were fairly good sized. My first thoughts were; One, How did these babies survive and two, why do they look so healthy?

I started to watch them whenever I was out with the birds and even made extra trips out to check. Finally I caught one of adults feeding them. They were putting their little beaks into the side of the parents beak. Although this looks very awkward, it seems to be working and both babies are thriving.

Have I made a big discovery here? To all our pigeon people I say; give your short-beaked parents a chance and see what they can do. I would like to know if mine are the only ones that can do this. Let me know. This whole episode has been really amazing.

Chicken Barbecue Contest

The winner of the Chicken Barbecue contest this year at the South Florida Fair was Adrienne Bracket. As promised, here is the winning recipe. Sorry for the delay, but we wanted to wait until she got through all the state and national contests as well.

Title: Zesty Barbecue

1 cup catchup
1/2 cup mustard
1/4 cup honey
2 tablespoons brown sugar
1 teaspoon Worcestershire sauce
1 teaspoon soy sauce
1/4 cup fresh chopped purple onions
1/4 teaspoon fresh fine chopped garlic
1/3 cup water
1/2 teaspoon red pepper crushed
1/2 teaspoon Tabasco sauce
1/2 teaspoon of Italian seasonings
1/4 teaspoon salt
1/2 teaspoon black pepper
1/2 teaspoon celery (fresh, fine cut)
2 tablespoons of vinegar
1/2 teaspoon of lemon juice
1/2 teaspoon chili powder
1/2 teaspoon Cayenne pepper
1/4 teaspoon sweet Basil

Mix all ingredients together and simmer for 4 hours on low heat stirring occasionally.

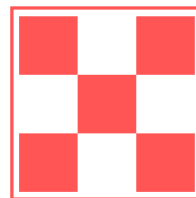
Birds of a Feather

by Lee Salmon

Three years ago I had four perfectly feathered Silver-Laced Wyandotte hens. In the next year, two of the hens molted out and regrew feathers that were totally out of type and definitely all wrong for a Wyandotte pattern. I thought this was pretty strange, But I'd have, to live with it. Now I am moving into the third year with these hens, and the two have molted out once again. This year, their original, good pattern seems to be returning.

I guess the moral of the story is not to give up on what you know is a good bird. Possibly this could happen in any, or all, breeds.

Guest Speaker



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We will be having Richard Fore as a guest speaker at the May meeting. He is the district manger for Purina Mills and will be speaking to us about chicken feed and animal nutrition. Make sure that you don't miss this meeting or else you will really miss a special presentation.



Picnic in the Park

by Lee Salmon

The club picnic in Dreher park on Saturday April 18th was absolutely great. The weather couldn't have been better. A nice breeze kept us cool all afternoon and there was no rain at all. We had a lot of new members present and we hope they all had a good time. We wish to thank Mr. & Mrs. Bill Reirden, Mr. & Mrs. Comerford, and the Perryman family for coming. We want to extend a "Big Thanks" to Don Myerscough for shopping for all our supplies and to Mike Robinson and Richard Greggs for doing all the cooking. As for cooking, Rose and Jeanette cooked up some pretty good stuff too.

We had a good attendance with Arvis and Rick Okerson, Hal and Pam Marrieta, the Belvin and Schwartz families with their kids Kent, Keevy and Danny, and our Editor, Dennis Hawkins. Jewle, Karin and her husband, were present, with, of course, the special appearance of Cotton the rooster and Catrina his girl friend.

Tom Salmon came a little late and tried to make all of us believe that he rode over on his bike. We all got together and Lee took our annual club photo. See above.

We missed Richard and Linda Wright and Grandson Wade. We would like to send a special "Hi" to Linda's mom and hope she is feeling better soon.

We thank you all for coming out to support our little "Gala" in the park. See you all at the next meeting!!!!

Sponsorship Solicitation

Persuant to club rules, persons soliciting a sponsorship from the club must apply verbally at a club gathering. The order of business will not be voted on until the next club meeting. This gives the club members a chance to talk the matter over before voting on it.

At the club's picnic in April, Keevy Schwartz made a verbal application to have the club sponsor her 4-H trip to the Florida Legislature. We will vote on this at the next business meeting in May. Rose Greggs proposed we make our donation in the amount of \$100.00.

April Plant Sale

by Lee Salmon

Saturday was a busy day at the Mount's Spring Plant Sale. Our poultry and Ostrich egg display was well received by everyone. Arvis and Rick Okerson along with Lee Salomon spent a cool afternoon talking about chickens and our club. We may have recruited some new members. The area was awash with beautiful flowers, and happy shoppers. The many children present were really attracted to the chickens, but everyone seemed to enjoy in the birds. Hats off to Arvis and Rick who always make the plant sale more fun.

Eggs and Cholesterol

by The American Egg Board

For many years, eggs have gotten a bad rap as a forbidden food because of their cholesterol content. The mere mention of cholesterol conjured up fear and was enough to banish eggs entirely from the diets of many Americans.

No cholesterol was the most important benefit trumpeted in advertising and on the labels of many food products.

Today, thanks to years of research, we know more than ever about the relationship between diet, lifestyle and good health. There is growing evidence that diet and health relationships are a function of both what is in the diet and what is missing from it. It is also becoming clear that many of our perceptions about various dietary factors are inaccurate.

For example, when it comes to dietary cholesterol, many people believe that it is an extremely important factor in high blood cholesterol. However, studies have now shown that many people on a low-fat diet **can eat one or two eggs a day without measurable changes in their blood cholesterol levels.**

As reported in a recent publication, Dr. Wanda Howell and colleagues at the University of Arizona conducted a statistical analysis of 224 dietary studies carried out over the past 25 years investigating the relationship between diet and blood cholesterol levels in over 8,000 subjects. What these investigators found was that saturated fat in the diet, not dietary cholesterol, is what influences blood cholesterol levels the most [Howell et al. 1997. American Journal of Clinical Nutrition, 65:1747-64.1.].

Therefore, the results of this meta-analysis indicate that for most healthy people saturated fat is a greater concern than dietary cholesterol, and that eggs can readily fit into a heart-healthy, nutritious and enjoyable dietary pattern.

Mini Membership Application

Send your name, address, telephone number, and check (no currency please) for the dues to:

PBCPFA c/o Rose Greggs, Treasurer
8643 El Paso Dr.
Lake Worth, FL 33467-1109

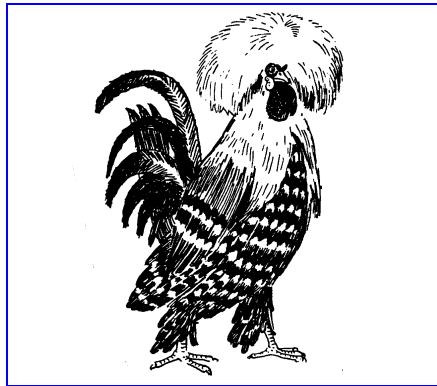
Include the names and ages of your children (if any), your Email address (if applicable), and your full 9 digit zip code (if in USA). The dues for the PBCPFA club are \$12 for families and \$8 for individuals and run from January 1 to December 31. New members joining after June 30 are eligible for an initial half price rate. For existing members, all renewals are due December 31 and are for one year. Non-US members, please add \$8 for postage. Sorry, we can only accept checks payable in U.S. funds.

Refreshments served and a raffle at every meeting!

Fair Volunteer Barbecue

by Lee Salmon

The South Florida Fair Volunteer Barbecue was held Sat. May 2nd. in the Buckskin saloon at the Fair grounds. As expected, there was a big turn-out. The dinner was great. Barbecued pork and beef, cole slaw, hamburgers, rolls, beans and some yummy desserts were on the menu. We were treated to the Cloggers Club from Delray. They are always fun to watch and what an amazing amount of energy they generate.



There were drawings for a lot of various items. Three rocking chairs, totes, Indian blankets, hats, coffee cups, cakes, etc. were all among the goodies that were won.

We all had a good time and we missed all our volunteers who could not be present.

Classified

Rate: \$1 per line. Members get first three lines free. Send check payable to PBCPFA to Rose Greggs, 8643 El Paso Dr., Lake Worth, FL 33467-1109.

FOR SALE:

PBCPFA T-Shirts, excellent quality, beautiful logo. Assorted sizes are available for \$10.00 Contact Richard Greggs (561) 433-8157. Don't be chicken, get yours today

Rhode Island Red Pullets and Cockerels of various ages. Contact Richard Greggs at (561) 433-8157.

Assorted pure bred young bantams. Must see. Will accept any reasonable offer. Call the Perrymans at (561) 967-6332.

Free Computer Stuff, including a flatbed scanner and monitors. Will be thrown out if nobody wants them. See Hal or Pam Marietta at the next meeting.

Chickens for sale. Various breeds, ages, and prices. We also have live meat birds. Call Richard or Linda Wright at Heavenly Acres: 561-793-5696.

FOR LOAN OR RENT:

Don't let your flock fall victim to predators! The poultry club owns two live animal traps that members may use free of charge. To reserve your time to use one of the traps, contact our Property Manager, Richard Greggs, at (561) 433-8157.

WANTED:

Newsletter articles for the PBCPFA newsletter. The deadline is the fourth Friday of the previous month. Submit articles to the editor by mail, Email, or in person at the meeting.